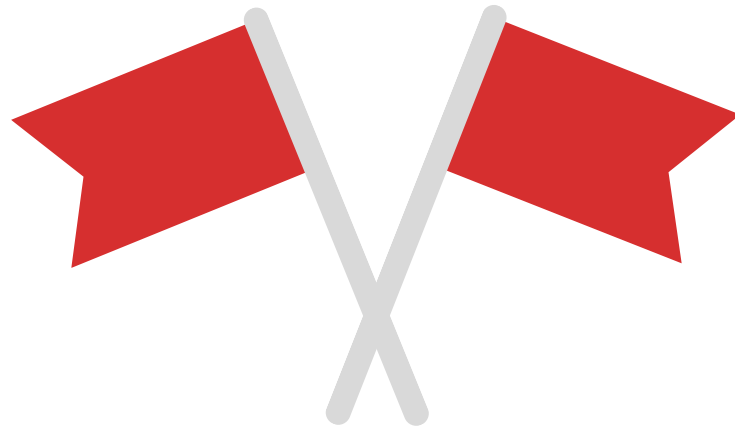
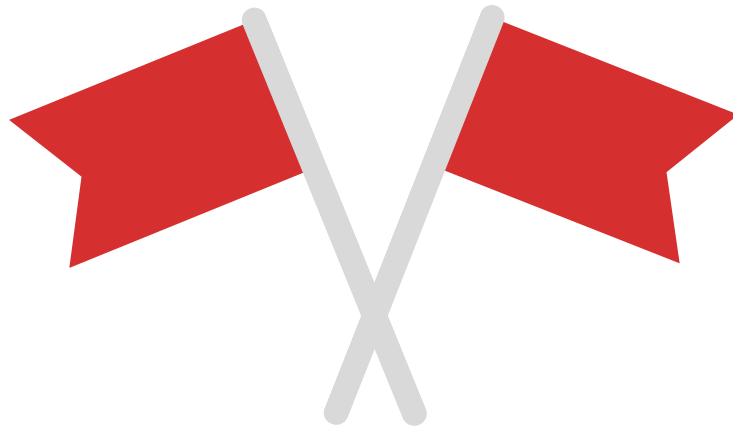


A Red Flag is a warning sign that a relationship may have unhealthy qualities.

They signal for us to evaluate a relationship and communicate our concerns with a partner before abuse starts.



Not all signs have to be present for the relationship to be unhealthy or abusive. Recognizing one alone may not automatically mean someone is being abusive or experiencing abuse, however several signs together may be cause for concern.



Relationships exist on a spectrum, so sometimes it can be hard to tell when a behavior crosses the line from healthy to unhealthy or abusive. Remember these warning signs of abuse to see if your relationship is going in the wrong direction.



A large red flag with a white arrow pointing to the right, set against a white background. The words "Red" and "Flags" are written in white, bold, sans-serif font on the red background.

# Red Flags

Identifying red flags to preventing  
dating violence.

**KNOW  
MORE**

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# Green Flags

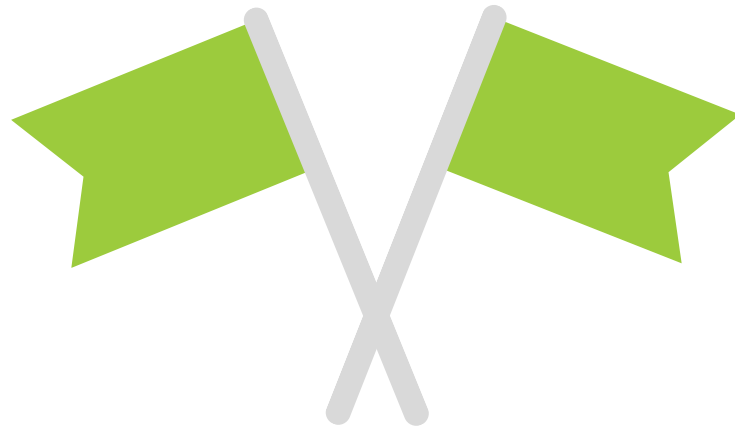
Identifying green flags in  
relationships

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MORE**<sup>®</sup>

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Healthy Relationships bring out the best in you and make you feel good about yourself. A healthy relationship does not mean a "perfect" relationship, and no one is healthy 100% of time



Healthy Relationships manifest themselves as healthy communication; another important part of a healthy relationship is loving yourself.

